

# MY JOB: Youth Practitioner



## WHAT I AM ACCOUNTABLE FOR:

- Providing young people with accurate and reliable information about substance use and sexual health via workshops, brief 1-1 work and outreach
- Engaging people and establishing rapport whilst maintaining professional boundaries
- Helping individuals identify how different behaviours might present risks or benefits to their health and wellbeing
- Providing harm reduction advice confidently around their wellbeing to individuals and groups
- Engaging with young people on a wider context through topics and subjects which link into decisions and behaviours around substance use, sex and relationships.
- Educate young people on substance use and sex education issues which support self-esteem and healthy relationships.
- Contribute to our social media platform by providing ideas or concepts
- Work flexibly in a variety of settings (youth offending, social services, schools, youth clubs) to support planning that meet the needs of the service and clients
- Ensure that the agreed quality objectives are met by prioritising, planning and organising own workload
- Contribute to growth and business development plans by being an advocate for the service and your employer to clients, their families, stakeholders and other external contacts and partners through delivering on commitments and presenting the service in a positive image.
- Utilise Supervision, CPD and remaining up to date with themes and trends
- Work in line with relevant TP Policy & Procedures as well as external guidance and legislation.
- Promote online testing for those 18+ and signposting / referrals to local sexual health services/clinics.

## HOW I OPERATE:

### Values Led Leadership

- Demonstrate a positive attitude to your work;
- You will enjoy helping others and supporting individuals to achieve their goals;
- Being a great team member and working collaboratively will be something you enjoy;
- Maintain a high-level belief in our service user's capacity to change and model a non-judgmental approach;
- Reflective practice, learning and effective team work;
- Maintain professional boundaries and always present a professional image;
- Treat everyone with respect and promote individuals equality, diversity and rights;
- I am committed to delivering high quality interventions;
- I am able to work and learn independently.

## WHAT I NEED:

### Skills \ Knowledge

- Sexual health knowledge;
- Substance use knowledge;
- Demonstrable skills and knowledge in assessing risk;
- Knowledge of engagement and intervention strategies;
- Organised with IT skills;
- Ability to manage own time, prioritise activities and maintain accountability for your work;
- Experience of working in partnership with different agencies;
- Maintain clear professional boundaries;



### PEOPLE:

- Where requested and appropriate, involving individuals and their family/advocates in the planning of the individual's care.
- Create and promote engagement through effective rapport building and versatile communication skills
- Providing an environment that is free from abuse or neglect, observing agreed safeguarding practices.
- Providing person-centred care that reflects the rights, preferences and choices of individuals in an environment that is safe, healthy and maintains the individual's dignity and wellbeing.
- Identifying, promoting and enabling the uptake of appropriate opportunities for individuals to engage with their community. (e.g. Employment, Training and Education, volunteering etc)

### PROCESS:

- Delivering training for professionals on substance use, sex education and relationships for young people within partnering services.
- Support and facilitate the design and delivery of high-quality presentations.
- Nurturing referral pathways so those in relevant settings know how to refer young people in or signpost young people about the support we offer.
- Holding frequent one-to-one sessions or group-work. Regularly reviewing and updating assessments, health and wellbeing plans and risk assessments.
- To plan and provide high quality, innovative support to individuals accessing the Resilience service, which reflects our person-centred values and the ambitions we have for the health, wellbeing and self-management of young people.
- To provide advice, education and information to young people and professionals around substance use issues and positive sexual health and relationships. This involves delivering professional trainings and workshops for young people specialising in substance use and sexual health.