

JOB DESCRIPTION

Job title	Occupational Therapist – independent hospitals
Sector/function	Mental Health
Department	Operations
Reports to	Service Manager
Grade	4

Job purpose	<p>Everyone’s Turning-Point is unique! It’s that moment when someone realises they have made a small but important step forward. Very often, that small step is the start of the recovery process.</p> <p>Douglas House Independent Hospital is located in Didsbury, South Manchester, Pendlebury House is located in Swinton, both in community settings.</p> <p>We provide rehabilitation, treatment and care for 22 men and women (across both Hospitals), with severe and enduring mental health problems. Service Users are both detained under the Mental Health Act and have Informal status.</p> <p>Douglas / Pendlebury House promote and work within a recovery focused model for SU’s participating in a rehabilitation programme. We believe in a person-centred approach. We work towards each individual’s personal recovery goals; encouraging each Service User to optimise their full potential. We aim to reintroduce and maintain daily living skills, promoting choice, independence, and confidence, in order to equip Service Users with the skills and coping strategies to live more independently in the Community whilst managing their illness/psychological distress.</p> <p>We are looking for a dedicated and skilled registered Occupational Therapist to join our team, working at both Pendlebury House and Douglas House Independent Hospital.</p> <p>You will be based working alongside the therapy teams in each hospital that consists of an assistant psychologist and art therapist to deliver the therapy programme.</p> <p>If you are a qualified Occupational Therapist who understands the importance of recovery and are passionate about seeing people achieving independence and empowerment, then we want to hear from you.</p>
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Key accountabilities	<p>Service delivery</p> <ul style="list-style-type: none"> • To provide a range of specialist occupational therapy assessments including MOHOST, motor skills, independent living skills, road safety, kitchen safety • To develop and monitor outcomes measures for individuals • To provide ad-hoc 1:1 support and direct therapeutic sessions to individuals • To carry out living environment assessments and make recommendations as part of move-on planning
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		<ul style="list-style-type: none"> • Developing strategies to promote engagement in activities of daily living • Developing strategies to develop skills in a range of areas from cooking to budgeting • Developing a range of psychosocial Interventions • Developing interest checklists • Signposting and supporting people to appropriate support or groups hobbies within the community • Supporting the development of routines and schedules which promote meaningful and purposeful daily occupation • To ensure that all members of the team have access to a psychologically based framework through the provision of advice and consultation and the dissemination of psychological knowledge, research and theory. • To assess and integrate issues surrounding work and employment, housing, finances and other areas of life that impact on an individual's well-being into the overall therapy/treatment process. • You may be required to manage a caseload of individuals as part of this role.
	Service and partnership development:	<ul style="list-style-type: none"> • Contributing to the ongoing development and improvement of the independent hospitals, making suggestions and recommendations for change • Making recommendations for wider systemic change, as part of a review of local pathways and / or external provider services • Developing and coordinating professional links with other statutory and voluntary service providers • Liaising with landlords, supported housing, statutory teams and healthcare professionals to identify and procure a range of aids, adaptations and technology to support individuals to manage their living environments as comfortably and independently as possible. • To work with the wider team to develop structures for multi-agency working with internal TP colleagues, participating and leading on casework management sessions, multi-agency reviews, assessment and support planning sessions
	People Management, training and mentoring	<ul style="list-style-type: none"> • To develop and deliver training in the format of small focus groups to the team. • To provide guidance and line management to the OTA in the hospitals • To take part in delivering Journal club to the teams.
	Health and Safety	<ul style="list-style-type: none"> • Ensuring a safe working environment for self, and where appropriate, the team • Complying with all H&S policies and procedures including Serious Untoward Incidents and Accident reporting • Work proactively to safeguard vulnerable adults and children
	Quality	<ul style="list-style-type: none"> • Ensure the maintenance of standards of practice according to the employer and any regulating, professional and accrediting bodies

		<ul style="list-style-type: none"> • To participate in the monitoring and evaluating of the overall service delivery. • Participating and utilising management information and data collection systems as appropriate. • To carry out audit, policy, service development and research activities and/or programs. • Ensuring record keeping is maintained effectively to the required standard at all times and contributing to service monitoring requirements. • Supporting the team to understand clinical risk and needs assessment and the formation and implementation of management plans
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Dimensions	Direct reports	None
	Total staff overseen	None
	Internal contacts	
	External contacts	
	Planning outlook	
	Problems solved	
	Financial authority	

PERSON SPECIFICATION

Job title	Occupational Therapist
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Personal effectiveness	Essential	Desirable
	<ul style="list-style-type: none"> ▪ An excellent communicator with the ability to engage, motivate and inspire a diverse range of people, including colleagues and people supported ▪ Confident and resilient, with the ability to work with and lead teams with varying levels of engagement with the independent hospitals ▪ Ability to lead teams, role model good practice and respectfully challenge practice that requires change / improvement 	

	<ul style="list-style-type: none"> ▪ Able to build relationships with people support and ensure that their wants, wishes and best interests are at the forefront of all decision-making ▪ Observant, detail orientated and able to monitor progress and outcomes and develop relevant reports 	
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Technical effectiveness	Essential	Desirable
	<ul style="list-style-type: none"> ▪ Fluent written and spoken English ▪ Good written and oral communication skills ▪ Basic numeracy and literacy skills ▪ Experience of managing your own time ▪ Awareness of the limits of your own skills and ability to work within them ▪ Good IT skills ▪ Able to respect confidentiality even in difficult situations ▪ Able to identify and communicate risks ▪ Ability to work under pressure and meet deadlines 	

Acquired experience & qualifications	Essential	Desirable
	<ul style="list-style-type: none"> ▪ Experiencing in occupational therapy roles specialising in mental health and trauma informed care ▪ Customer care/service ▪ Relevant experience in health and social care/or interest in the sector ▪ Qualification to GCSE/O level or equivalent 	

	<ul style="list-style-type: none">▪ Ability to use Microsoft office applications to an intermediate standard	
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Other requirements	Essential	Desirable
	<ul style="list-style-type: none">▪ Able to maintain professional boundaries	