

# MY JOB: Assistant Psychologist

...Facilitating evidence-based psycho-social interventions



## WHAT I AM ACCOUNTABLE FOR:

- Ensuring the delivery of high quality, targeted individual and group psycho-social interventions with the people we support
- Adhering to compliance and governance for internal and external regulatory frameworks
- Adhering to organisational policies and procedures
- Ensuring that outcome measures are collected in a clinically meaningful way, collated and interpreted
- Offering psychological perspectives on client treatment during case consultation and team meetings
- Supporting other staff in the delivery of group-based psycho-social interventions
- Obtaining feedback from staff and clients on psychologically-informed aspects of treatment, discussing with Practitioner Psychologists for team discussion of service improvements
- Helping to identify treatment gaps and carrying out literature reviews to support service developments

## WHAT'S IN IT FOR ME:

- Career pathway and professional development
- Opportunity for formal qualifications or clinical accreditation
- Pay progression
- Enhanced benefit package
- Being part of a learning organisation that shapes our vision and values to make a positive difference to peoples lives

## HOW I OPERATE

### Values Led Leadership

- I am empathic and congruent in all my interactions with people;
- I work together with others to get the best possible outcomes;
- I put the people we support at the heart of everything I do;
- I seek and give constructive feedback
- I maintain professional boundaries and present a professional image at all times;
- I actively seek opportunities to develop myself;
- I take ownership and accountability for my actions and decisions.

## WHAT I NEED:

### Skills \ Knowledge

- Passion, energy, enthusiasm
- Excellent communication skills
- Experience of work in the Health & Social Care sector
- 2:1 degree in Psychology or above
- Keep up to date with regulatory/specialist/external changes and implement best practice as appropriate
- Foster an effective, cross organisational and collaborative way of working
- Knowledge of IT systems

# Assistant Psychologist Role Expectations



## PEOPLE

- Supporting clients with mental health and/or substance use difficulties
- Supporting those affected by others substance use using evidence-based interventions
- To liaise with multi-disciplinary team and partner agencies
- Working In a person centred way that contributes to the quality of life and advocating for the people we support and their rights as equal citizens
- Ensuring a safe working environment for self and colleagues
- Offering a psychological perspective within multi-disciplinary team meetings
- Consulting with colleagues on psycho-social aspects of treatment
- Providing annual leave cover for each other
- Escalating any incidents or issues to the Practitioner Psychologist as appropriate
- Ensuring an environment free from discrimination;
- Prioritising safeguarding of children and vulnerable adults and escalating any concerns.

## PROCESS

- Under the supervision of the Practitioner Psychologist, identifying, planning and implementing psycho-social interventions with clients and affected others
- Completing, collating and analysing outcome measures for psycho-social interventions
- Contributing to management of databases, audit and evaluation
- Participating in co-production of service developments and gaining meaningful feedback from clients and affected others
- Supporting development and governance of psycho-social interventions
- Reviewing the literature of selected topics for the national psychology team
- Contributing to selected national psychology team work streams
- Co-facilitating training and coaching in psychological models with the Practitioner Psychologist