

JOB DESCRIPTION

Job title	Youth Practitioner –Substance Misuse and Sexual Health
Sector/Function	Public Health
Department	SM
Reports to	Senior coordinator
Grade	3

Sexual health substance misuse service	Turning Point delivers the young person specific Resilience Service - an integrated model of sexual health and Substance misuse support throughout the London boroughs of Hammersmith and Fulham for under 25 year olds
Job purpose	<p>To plan and provide high quality, innovative support to individuals accessing the Resilience service, which reflects our person centred values and the ambitions we have for the health, wellbeing and self-management of young people.</p> <p>To provide advice, education and information to young people and professionals around positive sexual health – sex and relationships and Substance misuse. This involves delivering professional trainings and workshops for young people specialising in sexual wellbeing, relationships and substance misuse.</p> <p>To manage a caseload of individuals using evidence based / client centred principles to assess, plan, implement and evaluate interventions in the form of 1-1 key working sessions.</p>
Key accountabilities	<p>Communicate with young people (and professionals working with young people) about promoting and managing health and wellbeing, by;</p> <ul style="list-style-type: none"> • Providing young people with accurate and reliable information about substance misuse via workshops, 1-1 work and outreach • Providing Sex and relationship education to young people via workshops, 1-1 work and outreach • Helping individuals identify how different behaviours might present risks or benefits to their health and wellbeing • Supporting individuals to develop goal orientated health and wellbeing plans that are; comprehensive, person-centred and individualised based on a clear assessment of that individual's needs and circumstances. • Completing comprehensive assessments around all aspects of wellbeing and sensitive information. Recording clearly, concisely and in a timely matter. Raising and documenting any safeguarding concerns. • Completing accurate, person-centred and individualised risk assessments. • Providing harm reduction advice confidently around sexual wellbeing

	<p>and substance misuse to individuals and groups</p> <ul style="list-style-type: none"> • Engaging with young people on a wider context through topics and subjects which link into decisions and behaviours around sex, relationships and the use of substances • Educate young people in line with Relationship and Sex Education topics of consent, online apps, pornography, STI's, LGBTQ, Contraception, self-esteem and healthy relationships. • Utilise our survey/quiz tool to help engage young people • Contribute to our social media platform by providing ideas or concepts for digital engagement or delivering targeted messages in a way young people can be receptive of • Signposting individuals to other agencies for information, support and resources • Proactive approach to developing new work avenues and seeking out service KPI's
	<p>Work flexibly in a variety of settings (youth offending, social services, schools, youth clubs) to support planning that meet the needs of the service and clients, in accordance with best practice behaviour change and self-management practice, by:-</p> <ul style="list-style-type: none"> • Adapting your communication style to work effectively with professionals supporting young people • Delivering trainings for professionals on sex, relationships and substance misuse for young people within partnering services. • Nurturing referral pathways so those in relevant settings know how to refer young people in or sign post to young people about the support we offer. • Involving individuals and their family/advocates in the planning of the individual's care as appropriate. • Implementing and monitoring a holistic approach to safeguarding young people and keeping up to date with multiagency work.
	<p>Deliver excellent person-centred interventions with individuals for whom we provide support within the Service in accordance with agreed health and wellbeing plans by:-</p> <ul style="list-style-type: none"> • Holding frequent one-to-one sessions or group-work • Regularly reviewing and updating assessments, health and wellbeing plans and risk assessments. • Providing person-centred care that reflects the rights, preferences and choices of individuals in an environment that is safe, healthy and maintains the individual's dignity and wellbeing. • Providing an environment that is free from abuse or neglect, observing agreed safeguarding practices. • Identifying, promoting and enabling the uptake of appropriate opportunities for individuals to engage with their community. (e.g. Employment, Training and Education, volunteering etc) • Supporting the individual to reviewing and monitor their progress through regular action plan reviews that ensure continued relevance of interventions.

	<ul style="list-style-type: none"> Engaging in regular 1-2-1 supervision and team meetings. Ensure that the agreed quality objectives are met by prioritising, planning and organising own workload with reference to caseload plans agreed with your Team Manager. Contribute to growth and business development plans by being an advocate for the service and your employer to clients, their families, stakeholders and other external contacts and partners through delivering on commitments and presenting the service in a positive image.
	<p>Observe your employers information keeping and policy management strategy by;-</p> <ul style="list-style-type: none"> Ensuring all data and information relating to own clients is accurate and shared in the appropriate way with key stakeholders. Inputting outcomes data and other information into corporate systems in accordance with stated policies and procedures. Carry out day to day tasks in accordance with stated policies, procedures and regulations in line with compliance obligations. Assist the effective flow of information within the team, with managers and external parties by passing on and seeking information required, raising unresolved concerns and taking an active interest in TP's internal communications. Deliver on role performance commitments and seek to maximise own learning and potential, by seeking guidance, support, coaching and training and capitalising on the range of development opportunities provided by your employer. Help the service to optimise its performance by making full use of and highlighting/suggesting improvements for the management of IT, facilities and other physical resources that impact on the day to day provision of services to clients.
	<p>Project the desired image of the service and your employer by;-</p> <ul style="list-style-type: none"> Understanding and promoting organisational values and their application to the service. Demonstrating organisational values through your own day to day behaviour Undertake any other duties within your capabilities that are relevant to the job and reasonably requested of you by your manager.

Dimensions	Direct reports	Line manager
	Total staff overseen	None
	Internal contacts	Team Manager, senior coordinator (line manager) Some contact with managers from other sections of the service. Other service staff.
	External contacts	Local community, public and advocacy services
	Planning horizon	Short term planning of own work in accordance with caseload plans agreed with more senior staff.
	Problems solved	Client presenting issues with input from colleagues or manager when appropriate. Making independent decisions on client interactions within agreed policies, processes and procedures.
	Financial authority	To deliver role with an understanding of financial constraints.

PERSON SPECIFICATION

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Personal effectiveness	Essential	Desirable
	<ul style="list-style-type: none"> Proven verbal and written communications that can be modified to different situations Collaborative team working skills Adaptable and resilient to work in a changing and challenging environment Ability to deliver against agreed goals, targets and outcomes. 	<ul style="list-style-type: none"> Coaching skills to support successful outcomes both with clients and colleagues Ability to speak one or more community languages commonly used by local people Understanding and commitment to raising awareness of the things that make individuals healthy and unhealthy

Technical effectiveness	Essential	Desirable
	<ul style="list-style-type: none"> Knowledge of sexual health and wellbeing and how to communicate that without stigma Psycho-social interventions for sexual health and substance misuse including motivational Interviewing or willingness to study towards same Evidence that demonstrates public health competence Caseload management of both high volumes and complex nature Able to deliver client interventions in a person- centred way Demonstrable skills and knowledge in assessing risk presented by clients to themselves and others Wide and flexible range of client interventions Management of incidents Confident IT skills to be able to record and evidence work you have achieved 	<ul style="list-style-type: none"> Experience of working in a sexual health setting Knowledge of substance misuse issues and how to communicate their associated risks

Acquired experience & qualifications	Essential	Desirable
	<ul style="list-style-type: none"> Has completed STIF Fundamental Competencies or willingness to study 	<ul style="list-style-type: none"> Prior training in coaching Previous experience of supporting people with sexual health and wellbeing

	<p>towards same</p> <ul style="list-style-type: none"> • Experience of working with diverse individuals (both 1:1 and groups) • Confident in developing and delivering workshops and presentations to a range of audiences (ideally YP, Parents and professionals) • Extensive knowledge and experience of supporting people to manage their risk and make changes to their health and wellbeing • Experience of working with and supporting young people through a range of interventions and support methods. • Experience of supporting individuals with care planning/action planning • Risk Assessment training • Sex and Relationship Education knowledge and experience of delivering associated topics across various settings. 	<p>support needs</p> <ul style="list-style-type: none"> • Experience of working with vulnerable individuals and underrepresented groups • Knowledge of the impact of inequalities and barriers to health improvement
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Other requirements	Essential	Desirable
	<ul style="list-style-type: none"> • Desire to be an active member of the health, social care and public health sector • Ability and willingness to travel to sites as required. • A willingness and ability to work flexibly, including the potential of infrequent weekend days if required. 	