

MY JOB: Clinical Associate in Psychology (CAP)



...providing high quality, evidence based psychological interventions to work with individuals across the lifespan

WHAT I AM ACCOUNTABLE FOR:

- Delivering high quality, evidence based psychological assessments, formulations and interventions with the people we support, under the supervision of the HCPC registered practitioner psychologist
- Adhering to compliance and governance for internal and external regulatory frameworks
- Adhering to organisational policies and procedures
- Working with individuals and groups with complex and long-term needs, conducting risk assessments and risk formulations.
- Using psychological outcome measures to evaluate and inform the quality of clinical practice.
- Offering psychological perspectives and resources on client treatment during case consultation and team meetings
- Providing training, guidance and supervision to the multidisciplinary team, using psychological models, within the scope of your practice
- Obtaining feedback from staff and clients on psychologically-informed aspects of treatment, discussing with Practitioner Psychologists for team discussion on service improvements
- Helping to identify treatment gaps and working with national psychology team to develop interventions to address these
- Undertaking clinically relevant audit, service evaluation and research

WHAT'S IN IT FOR ME:

- Career pathway and professional development
- Opportunity for formal qualifications or clinical accreditation
- Pay progression
- Enhanced benefit package
- Being part of a learning organisation that shapes our vision and values to make a positive difference to people's lives

HOW I OPERATE:

Values Led Leadership

- I am empathic and congruent in all my interactions with people;
- I work together with others to get the best possible outcomes;
- I put the people we support at the heart of everything I do;
- I listen to and support my team and am person centred in my approach to colleagues;
- I provide constructive and balanced feedback, confidently challenging where appropriate;
- I maintain professional boundaries and present a professional image at all times;
- I actively seek opportunities to develop myself;

WHAT I NEED:

Skills \ Knowledge

- Passion, energy, enthusiasm
- Excellent communication skills
- GCSEs in Maths and English at A*-C or equivalent
- a minimum 2:2 BSc (Hons) Psychology degree accredited by the BPS with Graduate Basis for Chartered Membership with the BPS.
- 1 year clinically relevant experience
- To have lived in the UK / EU / EEA for the last 3 years
- Not currently on publicly funded training, nor accessed publicly funded training (in psychology) within last 2 years - <https://shorturl.at/Pd7tQ>
- To meet all TP apprenticeship requirements - <https://shorturl.at/cqmTZ>

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Role expectations

PEOPLE:

- Planning, delivering and evaluating psychological interventions which may include more long-term and complex presentations
- Working with individuals or groups with long-term and complex needs
- Acting as a psychological resource to the MDT and community and partner agencies
- Managing your own caseload while undertaking your own clinical programmes of work, within your scope of practice
- Performing assessments as well as planning and evaluating their own psychological interventions
- Conducting risk, risk management and safety planning
- Ensuring that resources are managed effectively
- Participating in the delivery of audit and service improvement projects
- Responsible for your own learning and development using reflection and feedback to analyse your own capabilities
- Engaging in your own Continuing Professional Development (CPD) to maintain and update your psychological scope of practice
- Meeting with the clinical psychology supervisor on a regular basis in accordance with British Psychological Society (BPS) standards for accredited practice.

PROCESS:

- Providing high quality evidence based psychological interventions with clients and affected others, under the supervision of the Practitioner Psychologist
- Deliver treatment interventions developed with the Practitioner Psychologist
- Completing, collating and analysing outcome measures for psychological interventions
- Undertake clinically relevant research and service audit
- Contributing to selected national psychology team workstreams
- Supporting the Practitioner Psychologist in local psycho-social service development and governance in response to needs analysis
- Bringing an evidence-based psychologically informed perspective to multi-disciplinary and multi-agency team working
- Providing support to staff and colleagues through supervision and reflective practice, under the supervision of the Practitioner Psychologist
- Supporting the Practitioner Psychologist in training and coaching for local Turning Point staff and external agencies