# PERSON SPECIFICATION

### **Essential**

# **Qualifications / Academic**

- An upper second class honours degree in Psychology
- Eligibility for graduate membership with the British Psychological Society

## Work experience

- Experiences of delivering psychosocial interventions (individually or in groups)
- Experience of working with clients with substance misuse difficulties
- Experience of working with clients with mental health difficulties
- Experience of using computers for databases or data-analysis
- Familiarity with service user involvement

### **Aptitudes and skills**

- Technology skills and understanding of MS Word and MS PowerPoint
- Ability to administer psychological assessments under supervision of a qualified psychologist
- Ability to liaise with a wide range of individuals and organisations
- Ability to prioritise own workload and manage time effectively
- Ability to comprehend and communicate verbally and in writing, highly complex and sensitive information in a manner appropriate to the audience
- Ability to use supervision appropriately and effectively
- Ability to maintain appropriate professional boundaries
- Good communication skills

## Knowledge

- Basic knowledge of the context of mental health services
- Awareness of the needs and difficulties of individuals with co-existing mental health and substance misuse issues.

### **Dispositional attributes**

Able to work constructively as part of a team.

#### Desirable

- Further postgraduate training in relevant areas of professional psychology practice
- Knowledge of Psychological therapies such as Cognitive Behavioural Therapy (CBT), Motivational Interviewing (MI) and Dialectical Behaviour Therapy (DBT)
- Experience of contributing to audit projects and service evaluations
- Experience of facilitating groups
- Knowledge of database management and use of EXCEL and SPSS
- Ability to adapt to client needs and utilise creative skills (drawing, painting, design, etc)
- Previous experience of designing group contents

- Committed and enthusiastic about working with clients with co-existing mental health and substance misuse dificulties.
- Ability to manage stressful situations and seek appropriate support.
- Ability to maintain high levels of concentration whilst contributing to assessment and interventions.
- Ability to act under supervision in a pressured work environment with highly complex job demands.
- Reliability and personal integrity.