

MY JOB: Youth Practitioner



WHAT I AM ACCOUNTABLE FOR:

- Providing young people ages 24 and under with accurate and reliable information about sexual health via workshops, brief 1-to-1 work and community outreach.
- Educate young people in line with our Relationships and Sex Education (RSE) Programme topics of consent, boundaries, STIs, contraception, reproductive health, bodies and puberty, LGBTQ+ identity, online apps, pornography, self-esteem and healthy relationships.
- Work flexibly in a variety of settings (primary, secondary and SEND schools, social services, youth clubs and local sexual health clinic Heart of Hounslow) to support and meet the needs of the service and clients, including a commitment to at least 4 days per week delivering services in the community on outreach.
- Engaging young people including those with SEND and establishing rapport whilst maintaining professional boundaries.
- Helping individuals identify how different behaviours might present risks or benefits to their health and wellbeing.
- Providing harm reduction advice confidently around sexual wellbeing to individuals and groups.
- Registering young people ages 13-24 to the Come Correct C-Card scheme.
- Provide Chlamydia and Gonorrhoea self testing kits to young people ages 15-24.
- Promote online testing for those 16+ and signposting / referrals to local sexual health services/clinics.
- Deliver tailored trainings to professionals on RSE topics to increase confidence in talking to young people about sex and relationships.
- Contribute to our social media platform by providing ideas or concepts.
- Host quarterly professional's forums, and support groups for parents and carers of young people with SEND.
- Ensure that the agreed quality objectives are met by prioritising, planning and organising own workload.
- Contribute to growth and business development plans by being an advocate for the service and your employer to clients, their families, stakeholders and other external contacts and partners through delivering on commitments and presenting the service in a positive image.
- Utilise Supervision, CPD and remaining up to date with themes and trends
- Work in line with relevant TP Policy & Procedures as well as external guidance and legislation.

HOW I OPERATE:

Values Led Leadership

- Demonstrate a sex positive attitude to your work;
- You will enjoy helping others and supporting individuals;
- Being a great team member and working collaboratively will be something you enjoy;
- Maintain a high-level belief in our service user's capacity to change and model a non-judgmental approach;
- Reflective practice, learning and effective team work;
- Maintain professional boundaries and always present a professional image;
- Treat everyone with respect and promote individual's equality, diversity and rights;
- I am committed to delivering high quality interventions;
- I am able to work and learn independently.

WHAT I NEED:

Skills \ Knowledge

- Sexual health knowledge;
- Experience in delivering RSE programmes;
- Demonstrable skills and knowledge in assessing risk;
- Knowledge of engagement and intervention strategies;
- IT skills;
- Ability to manage own time, prioritise activities and maintain accountability for your work;
- Experience of working in partnership with different agencies;
- Maintain clear professional boundaries.



Job expectations

PEOPLE:

- Where requested and appropriate, involving individuals and their family/advocates in the planning of the individual's care.
- Create and promote engagement through effective rapport building and versatile communication skills.
- Providing an environment that is free from abuse or neglect, observing agreed safeguarding practices.
- Providing person-centred care that reflects the rights, preferences and choices of individuals in an environment that is safe, healthy and maintains the individual's dignity and wellbeing.
- Identifying, promoting and enabling the uptake of appropriate opportunities for individuals to engage with their community. (e.g. Employment, Training and Education, volunteering etc)

PROCESS:

- Support and facilitate the design and delivery of high quality presentations.
- Nurturing referral pathways so those in relevant settings know how to refer young people in or sign post to young people about the support we offer.
- Holding frequent one-to-one sessions and group-work, including large assemblies of over 200 students.
- Regularly reviewing and updating assessments, health and wellbeing plans and risk assessments.
- To plan and provide high quality, innovative support to individuals accessing the Young Hounslow Sexual Health service, which reflects our person centred values and the ambitions we have for the health, wellbeing and self-management of young people.
- To provide advice, education and information to young people and professionals around positive sexual health – sex and relationships. This involves delivering professional trainings and workshops for young people specialising in sexual wellbeing and relationships.
- To plan and manage time effectively with a commitment of at least 4 days spent on outreach in schools and the community, including some evening and infrequent weekend work.