

# Youth Practitioner – Role Profile



## WHAT I AM ACCOUNTABLE FOR:

- Providing young people with accurate and reliable information about sexual health via workshops, brief 1-1 work and outreach, including topics on healthy relationships, consent, sex and the law, STIs, contraception, reproductive health, online safety (including social media and apps), LGBTQ+ awareness underlining the importance of self-esteem.
- Engaging people and establishing rapport whilst maintaining professional boundaries.
- Provide harm reduction advice by helping individuals identify how different behaviours might present risks or benefits to their health and wellbeing.
- Engaging with young people on a wider context through topics and subjects which link into decisions and behaviours around sex and relationships.
- Contribute to our social media platform by providing ideas or concepts
- Ensure that the agreed quality objectives are met by prioritising, planning and organising own workload.
- Contribute to growth and business development plans by being an advocate for the service and your employer to clients, their families, stakeholders and other external contacts and partners through delivering on commitments and presenting the service in a positive image.
- Utilise Supervision, CPD and remaining up to date with themes and trends
- Work in line with relevant TP Policy & Procedures as well as external guidance and legislation
- Registering young people to the c-cards scheme
- Signposting for Chlamydia testing
- Promote online testing and signposting / referrals to local sexual health services and clinics.

## HOW I OPERATE:

### Values Led Leadership

- Demonstrate a positive attitude to your work;
- You will enjoy helping others and supporting individuals to achieve their goals;
- Being a great team member and working collaboratively will be something you enjoy;
- Maintain a high-level belief in our service user's capacity to change and model a non-judgmental approach;
- Reflective practice, learning and effective team work;
- Maintain professional boundaries and always present a professional image;
- Treat everyone with respect and promote individuals' equality, diversity and rights;
- I am committed to delivering high quality interventions;
- I am able to work and learn independently.

## WHAT I NEED:

### Skills \ Knowledge

- Comprehensive sexual health knowledge
- Excellent workshop facilitation skills
- Demonstrable skills and knowledge in assessing risk
- Knowledge of engagement and intervention strategies
- Organised with IT skills
- Ability to manage own time, prioritise activities and maintain accountability for your work
- Experience of working in partnership with different agencies;
- Maintain clear professional boundaries
- Willingness to work remotely (outreach) and some evenings & weekends.

# Youth Practitioner – Role Expectations



## PEOPLE:

- Engage with young people and professionals in raising awareness of sexual health promotion and support services available.
- Actively challenge the stigma associated with sexual health to improve healthy conversations and increase registrations to the C-card Scheme.
- Develop and maintain positive links and communication with referral agencies.
- Providing person-centred care that reflects the rights, preferences and choices of individuals in an environment that is safe, healthy and maintains the individual's dignity and wellbeing.
- Where requested and appropriate, involving individuals and their family/advocates in the planning of the individual's care

## PROCESS:

- Support and facilitate the design and delivery of high quality presentations.
- Nurturing referral pathways so those in relevant settings know how to refer young people in or sign post to young people about the support we offer.
- Holding frequent one-to-one sessions or group-work.
- Regularly reviewing and updating assessments, health and wellbeing plans and risk assessments.
- To plan and provide high quality, innovative support to individuals which reflects our person centred values and the ambitions we have for the health, wellbeing and self-management of young people.
- Flexibility to work in a variety of settings (youth offending, social services, schools, youth clubs). Adaptability due to remote/lone working and covering some evenings and weekends.